

# CONFESSIONS OF A BEAUTY QUEEN

DOSSIER'S BEAUTY GUIDE  
TO RECREATING YOURSELF AS A WORK OF ART.

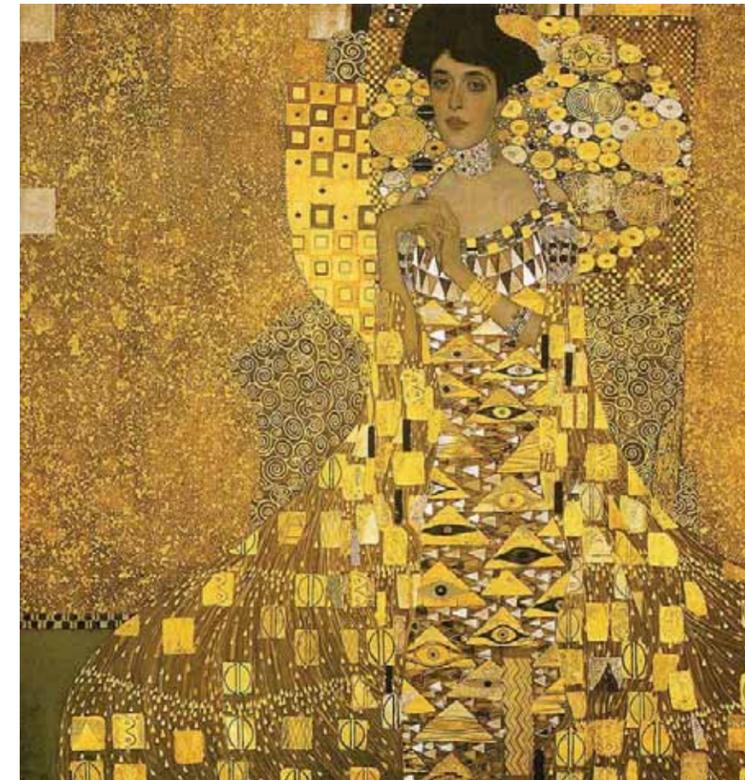


GUSTAV KLIMT HYGEIA

**A**taining the body beautiful is no easy task. I am trying my best to put up a solid defence, but pollution, stress and Father Time offer one mean assault! I'm in need of, well, a little assistance. Fortunately there are a few little secrets I've discovered, and I'm more than happy to share them with you.



PHOTOGRAPHY MIA ZIERVOGEL - MAKE UP AND HAIR LINDA O'CONNEL - JEWELRY KIRSTEN MALAN - MODELS CARA FROM ICE - WORDS JACQUELINE STADEN



GUSTAV KLIMT PORTRAIT OF ADELE BLOCH-BAUER I

## RAISE YOUR GLASS IN A TOAST TO LOOKING FABULOUS!

### Apple Anti Age

The legendary fountain of youth is a wonderful idea, and I'm certain I'm not alone in dreaming of an elixir that combats age and restores youthfulness. I imagine lazing on my window seat, paging through my favourite magazine and simply sipping wrinkles away. But could such a fantasy come true?

An apple a day may do more than just keep the doctor away, it may do a fair amount of work in keeping the signs of ageing at bay as well. Too wonderful! Apples contain polyphenols, a natural antioxidant found in certain fruits. The good news is that they're on our side. Their main action is to prevent the formation of free radicals, which results in smoother, younger looking skin.

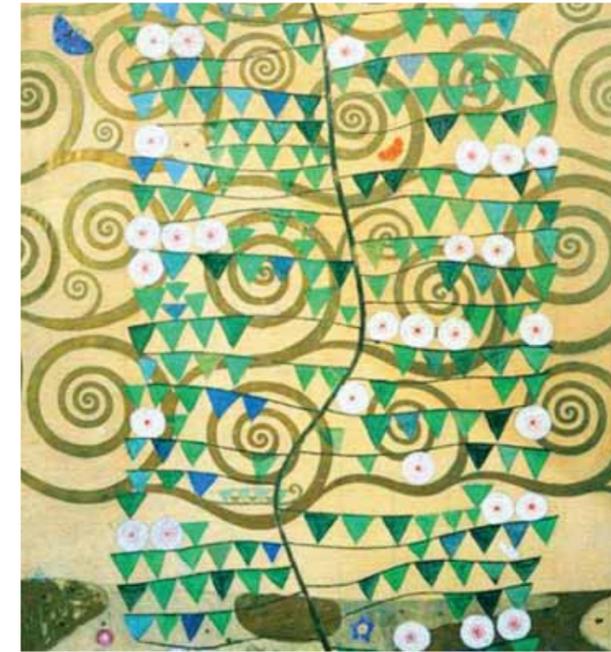
So how can we take advantage of this? Apple Anti Age has developed a product that successfully includes apple polyphenols into a high performance nutritional and cosmetic range. The result is a drink that fights the damaging effects of free radicals and detoxifies. Sounds delicious!

### Borba

Another fabulous offering on the market takes the goodness of water and infuses it with antioxidant vitamins. It's water... with benefits.

The Borba products contain a cultivated bio-vitamin complex and a scientifically formulated blend of nutrients. The water works with your body's chemistry to improve the quality and healthiness of your skin. The beverages combine simplicity and nutrition with the purity of water. This treatment needs no time out and allows you to take advantage of innovative skin care while on the go. So all you'll have to deal with is jealous looks from the girls as they wonder why your skin is glowing so gorgeously.

Raise your glass in a toast to looking fabulous!



GUSTAV KLIMT CARTOON FOR THE FRIEZE OF THE VILLA STOCLET IN BRUSSELS

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THE TREATMENT TAKES JUST 45 SECONDS  
AND IS RECOMMENDED EVERY TWO DAYS.  
**GO FOR GORGEOUS!**

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### Talika Light 590

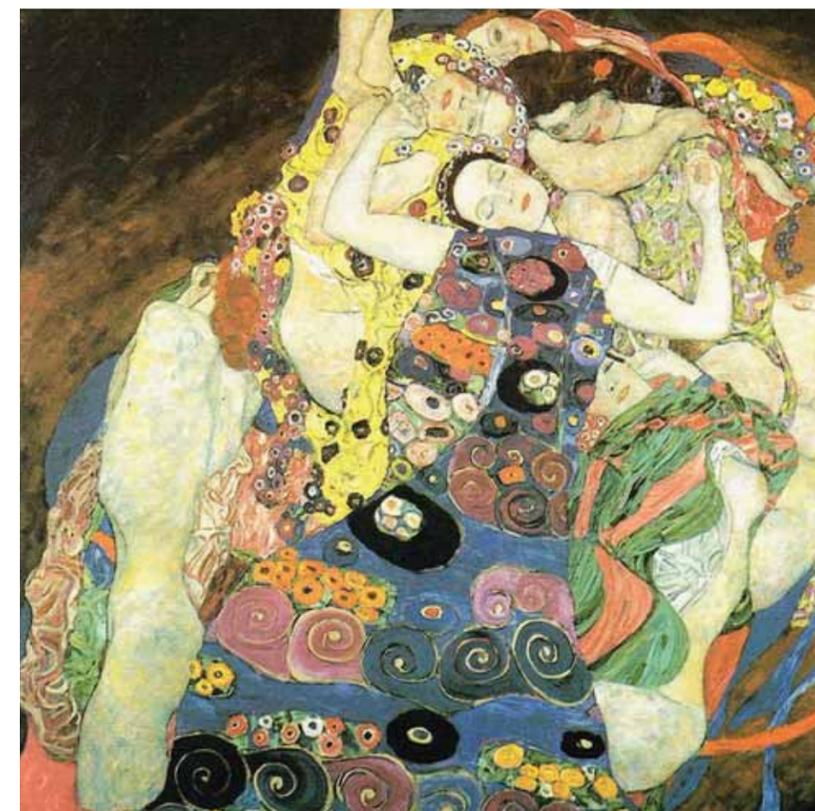
Sometimes no amount of dieting and exercising can tackle those problem areas on our bodies. My suggestion? Supplement your routine with these two products designed to give you help where you need it the most. The result is stunning!

Talika laboratories has shed light on an advance in skin-regenerative treatments. Introducing LIGHT 590: a collagen booster that uses photo energy to repair cells. The frequency 590nm stimulates fibroblasts, the cells that produce collagen in our skin. LIGHT 590 is a portable device that emits this exact wave in a controlled way and creates proteinic shocks. Collagen production increases and after a full treatment the skin is restored to a youthful suppleness. The technology is safe: no heat, no burning, no redness and no side effects. The treatment takes just 45 seconds and is recommended every two days. Go for gorgeous!

### Wellbox

Wellbox is an extraordinary appliance that assists in preserving beauty and improving health and well-being. The Wellbox Lipomassage Cellulite & Fat Reduction Device is based on an efficient, non-invasive technique for reduction in the appearance of cellulite. Lipomassage stimulates fat cell metabolism, thereby encouraging the breakdown of fat storage. Its unique action targets stubborn localised fat areas that no amount of dieting or exercising can touch. You can perform the treatments yourself, in the comfort of your own home.

Become your own fairy godmother! Talika LIGHT 590 and Wellbox offer maximum results with minimum inconvenience. These gadgets grant your wish for firm, youthful skin.



THE MAIDEN 1912-13

## IN THE EYE OF THE BEAD HOLDER

Award winning art director and jewelry designer Kristen Malan

is a bit of a magpie. Her eye is drawn to all things bright and shiny, and nothing catches her imagination more than the little pierced orbs we know as beads.

The world of beads is a fascinating one. "Each culture on earth has their own unique bead tradition – all different interpretations of the same object assembled in adornments worn by men, women and children alike," explains Kirsten. "This earliest form of jewelry has been an integral part of history, trade, tradition and status. Worn for protection, celebration, fashion or fancy, beaded jewelry transforms the simplest outfit into a glorious expression of self".

When it comes to her designs, Kirsten is inspired by the beauty of the individual beads (shaped out of gemstones and minerals) as well as the style and personalities of her clients. Each piece of jewelry has its own unique character; it is a celebration of its creator's love for the medium and her close attention to quality.

Each orb is its own little world; each stone tells its own story. "I love the adventure of finding the different materials to use in my creations – every journey promising to reveal unique beads to add to my Aladdin's cave. What a thrill it is to discover the tiny treasures everywhere I go." Kirsten may be contacted on [kirsten@merindol.com](mailto:kirsten@merindol.com).